Healthy Community Collaborative
Together We Are Stronger™

RESOURCE PORTFOLIO
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RESOURCE PORTFOLIO
OUR MISSION

The mission of Lynn is to measurably improve the health of local communities. To do this and help Oklahoma’s most vulnerable, Lynn developed Lynn Healthy Community Initiatives, health improvement plans founded on quantitative/qualitative data and community collaboration. Northeast Oklahoma City was selected as the first Lynn Initiative because of generations of poor health outcomes including death from preventable diseases.

The Healthy Community Collaborative–NE OKC (HCC-NE OKC) is a carefully selected team of 32 community residents and experts representing disciplines necessary to address the needs of NE OKC. With leadership and facilitation from Lynn, the HCC-NE OKC is dedicated to improving the overall quality of life for the population living in the northeast quadrant. The Collaborative worked for months reviewing the extensive data contained in the Lynn Lifestyle Summary–NE OKC, a 92-page book with three basic sections: History & Assets, Quantitative Data, and Qualitative Data. After determining many issues were contributing to the poor health of residents, the HCC formulated measurable goals to combat critical issues in the areas of community, economy, environment, health, and transportation.

To increase public awareness of existing social programs, the Collaborative produced the HCC-NE OKC Resource Portfolio. The comprehensive overview of various local agencies will be accessible on-line and hard copies will be printed upon request. During Lynn’s in-depth qualitative analysis, we learned that many NE residents were not familiar with programs presently serving the community. Our hope is that the easy to use and readily accessible HCC-NE OKC Resource Portfolio will greatly increase utilization of local programs resulting in various social improvements for the NE OKC community.

Revised February 25, 2019
COMMUNITY RESOURCES

Family Resource Programs
- Advantage Community Resource (ACR)
- All Things Baby
- Bethel Foundation
- Catholic Charities
- Community Action Agency of Oklahoma City
- Dress for Success
- Family Builders
- Infant Crisis Services
- Oklahoma Association for Youth Services
- OK Milk Bank
- Parent Promise
- Safe Families
- Single Parent Network
- Sooner SUCCESS
- Skyline Urban Ministries
- Sunbeam Family Services
- The Bridge Youth Impact Services
- TRUE Dads
- Urban League of Greater Oklahoma City
- Youth Services of Oklahoma County
- YMCA of Greater Oklahoma City
- YWCA of Oklahoma City

Food Assistance Programs
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- Filling Tummies
- Northeast OKC Community and Cultural Center
- Oklahoma State University - OKC
- Regional Food Bank of Oklahoma
- Salvation Army Food Assistance Program
- Skyline Urban Ministries

Holiday Assistance Programs
- Toys for Tots

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Housing Resource Programs
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- Community Action Agency of Oklahoma City
- Cox Communications - Connect 2 Compete
- Metropolitan Fair Housing Council
- Neighborhood Alliance
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- Rebuilding Together OKC
- Salvation Army Chesapeake Energy Center of Hope
- Wonderfully Made
- Youth Services of Oklahoma County
- YWCA of Oklahoma City

**Pet Assistance Programs**
- The Bella Foundation
- Best Friends of Pets
- OK Humane Society

**Student Services/Mentoring Programs**
- The After-School Spot
- Boys and Girls Club of Oklahoma City
- Family Life Learning Centers
- iAspire
- PEAK Tutoring
- Project Ready Mentor
- Urban Youth Empowerment Program
- Whiz Kids

**Student Resource Programs**
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- In The Gap
- Metropolitan Library
- OKC Metro Literacy Coalition
- School Age Care and Learning Center
- Shiloh Camp

**ECONOMIC DEVELOPMENT**

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- Community Action Agency of Oklahoma
- Greater Oklahoma City Chamber of Commerce
- Langston University Small Business Development Center
- Northeast Renaissance Steering Committee
- Oklahoma Professional Economic Development Council

**Career and Workforce Development Programs**
- Dale Rogers Training Center
- Eastside Career Connection
- Goodwill Industries of Oklahoma
- Metro Technology Centers
- Northeast Resource Center, Inc.
- Oklahoma State College - OKC
- Rose State College

**HEALTH**

**Health Education Services**
- Buy for Less
• Oklahoma County Health Department
• Sisters in Motion
• Tobacco Treatment Research Program

Medical Clinics
• Centennial Health
• Community Health Centers of Oklahoma
• Crossings Community Clinic
• Good Shepard Ministries
• Hearts for Hearing
• Variety Care
• YMCA Lincoln Park Senior Center

Mental Health Services
• DCCCA
• Eagle Ridge Institute
• Lottie House Drop-In Center
• NorthCare
• Red Rock BHS

SUPPORT SERVICES

Crisis Hotline
• 2-1-1
• Heartline
• Reach-Out Hotline
• Safeline
• TEENline

Emergency Assistance Programs
• American Red Cross

Support Groups
• Alzheimer’s Association of Oklahoma Chapter
• Be the Change Y.E.S. (Youth Equality Services)
• Citywide Stroke Support Group
• Calm Waters
• Crossroads Hospice
• Hispanic initiative
• Open Arms

TRANSPORTATION

Transportation Services
• EMBARK
• ITN Central Oklahoma
• MyRide
• RSVP of Central Oklahoma
• RSVP Provide-A-Ride
• SendaRide
COMMUNITY RESOURCES

FAMILY RESOURCE PROGRAMS

Advantage Community Resource (ACR)
Offers services for children, teens, and adults - including: Academic Advocacy, Assessment, Case Management, Children-Adolescents-Teens, Co-occuring Treatment, Family Therapy, Group Therapy, Professional Development, Psychotherapy, and Substance Abuse Counseling. Offers parenting counseling for parents of F.D. Moon students. For more information, contact 405-607-0317 or visit: www.acr360.org.

All Things Baby
All Things Baby, Inc. (501C3) distributes maternity clothes, clothing for infants to children size 8, shoes, coats, toys, beds, bedding, socks, diapers, wipes, baby wash, and anything needed to raise a child. All items are given free of charge and without any condition. Each client can visit two times per year. If a client has more needs, they can choose to volunteer and receive more items. Our normal office hours are Tuesday 10:00am – 3:00 pm. Appointments only on a “first come, first served” basis (no paperwork please bring ID if available, but not required). For questions please call 405-285-6245 or visit allthingsbabyok.com
**Bethel Foundation**
Bethel Foundation will hold dozens of classes, conferences, training programs, camps and other events in order to enrich the lives of single mothers and their children. This organization uses its resources to empower the entire family unit within the single mother household.
For more information call: 405-286-3700 or visit us online at: www.bethelfoundtionusa.org

**Catholic Charities**
Disaster Services - Coordinates disaster response and provides critical services including emergency food, shelter, direct financial assistance, counseling, and support.
St. Joseph’s Family Counseling Center - provided professional counseling and related services to persons who are addressing issues such as: adult, child and family relations, behavioral problems, grief, marriage and parenting.
Family Support Services - case management services that build partnerships with families in crisis by eliminating barriers to success and providing emergency assistance as needed.
Housing Services - service-enriched and affordable housing for those in need.
Immigration Legal Services - provides quality legal immigration services to the low-income people of Oklahoma.
Contact: 405-523-3000 or visit: catholiccharitiesok.org for more information.

**Community Action Agency of Oklahoma City**
Serves income eligible residents with food, housing, prescription medications, clothing, senior transportation, and income tax preparation. Programs include:
Turning Point - Provides comprehensive assessments; individual, group, and family counseling; DUI assessments; interventions; relapse prevention and aftercare services.
Head Start - Children 3 to 5 years of age are eligible for enrollment if their families meet the income guidelines. Please call 405-232-0199 or visit: caaofokc.org for more information.

**Dress For Success**
Our purpose is to offer long-lasting solutions that enable women to break the cycle of poverty. Dress for Success is part of a global movement for change, empowering women to obtain safer and better futures. We provide each client with professional attire to secure employment, but we are about much more than simply a new outfit.
Hours: Monday - Friday: 9:00am - 4:30pm/Every Friday - Donations drop-offs from 9am-4:30pm
Call 405-606-7071 or visit us at: www.oklahomacity.dressforsuccess.org

**Family Builders**
Provides a wide variety of services to parents, families, individuals and community groups to help stop the cycle of abuse - parenting programs, community education programs, batterers intervention programs, co-parenting and divorce class. Contact 405-232-8226 or visit: familybuilderok.org.

**Infant Crisis Services**
Provides formula, baby and toddler food, diapers, blankets, clothing and other basic necessities by appointment. Services are provided a maximum of five times during the baby’s first 48 months. For appointments/referrals call 405-528-3663.
The BabyMobile Program provides formula, a food and diaper pantry, goes out several days a week to various locations across the Oklahoma City metro area. Contact 405-528-3663 or visit: www.infantcrisis.org.
Oklahoma Association for Youth Services
Youth Services Agencies are dedicated to providing high quality services to our state’s greatest assets—children, youth and families. There are five core categories of program services provided by Youth Services Agencies: community development and education, prevention, diversion, behavioral outpatient/rehabilitation services and residential programs. These community-based services can include individual and group counseling, mentoring, parenting classes, first offender programs, shelters, community intervention centers, and school-based services.
For more information visit www.oays.org or call 405-528-4120

OK Milk Bank
Breast Milk Donation Center, Education, and Family Support Services
Program Description: Breast milk donation center. Additional services include education and family support. Call 405-297-LOVE to start the donor process.

Parent Promise
Provide a variety of programs to help parents provide a loving and healthy home for their children. 
Start Right/Healthy Families America - free, voluntary, home-based.
Parents as Teachers - home-based program to support parents in their role of preparing their child to enter school on grade level, ready to learn.
Exchange Parent Aide - free, and voluntary support program for families with children ages 6-12; promotes positive parenting and encourages child health and development for the older children in the family.
Never Shake a Baby - program uses infant simulators to help parents and caregivers of all types understand how fragile a baby's brain is and the repercussions of shaking a baby.
Parenting Resource Library - offers informational brochures, books, and videos to all parents at no cost. Call 405-232-2500 or visit: www.parentpromise.org for more information.

Pivot OK
Pivot works with young people lacking stability in their lives. They are sometimes homeless or couch homeless, alone or disengaged. Many live with damaging labels and shame. Almost all are ages 12 to 21 and have overwhelming barriers in their lives without the resources to overcome them and successfully transition into self-reliant adults. For more information visit www.pivotok.org or call 405.235.7537

Safe Families
Safe Families is designed to provide support and relief to families during a challenging time. Safe Families connects parents at no cost to them with a safe, background checked, and cleared host family. While the children are being cared for by volunteer Host Families, the parents are being encouraged by a coach or friends to give them support to lean on and pointing them toward community resources that can help. This allows the parent to retain custody of their children while they work toward stability for their family. Parents have the freedom to talk with and visit their kids throughout the hosting. If you or someone you know could use some help, we can be reached at 405-418-3825.

Single Parent Network
A resource and referral source for single parent families. Programs include: 
Anger Management classes - for class schedule visit website.
Car Clinic - includes a free oil change.
Divorce Education/Co-Parenting Class - meets state law - requirement for divorcing couples with children. Legal Clinic. Parenting Class - for class schedule visit our website. Parents Day Out.
**Mentoring** - for boys 8-18 years old. Support Groups - for location information visit website.  
**Queen for a Day** - includes pampering for your body, heart, and soul.  
**Mothers and Sons Conference and Camp** - fun and focus on equipping families without a father in the home.  
**Single Parent Family Day** - family fun, back to school supplies, community resources and food. Contact 405-917-1817 or visit: www.supportforsingleparents.org.

**Sooner SUCCESS**  
Serves families that have a child with special needs, birth to age 21, by helping to identify, local resources to meet the needs of the families in that community. Call 1-877-441-0434 or 405-271-5700 ext. 45180 or visit: http://soonersuccess.ouhsc.edu.

**Skyline Urban Ministries**  
Through its numerous programs, Skyline looks to address the various and changing needs of the population it seeks to serve.  
**Prime Timers** - a place where seniors age 55+ meet for fellowship, food, and devotions.  
**Eye Clinic** - assist with vision care and eye classes through eye exams and glasses ordering/repair.  
**Food Resource Center** - client choice pantry.  
**Clothing Closet** - offers new and gently used clothing and household goods free to those in need.  
**Seasonal programs** - Christmas Grace, Clothes 4 Kids, and Prom dress event.  
Contact 405-632-2644 or visit: www.skylineurbanministry.org.

**Sunbeam Family Services**  
Early Childhood services, Foster Care, Counseling services, and Senior services. Contact 405-528-7721 or visit: www.sunbeamfamilyservices.org.

**The Bridge Youth Impact Center**  
We provide youth pathways to employment, education, and economic opportunities to bridge the gap in underserved communities. For more information visit www.urbanbridge.org or call (888) 400-9062

**TRUE Dads**  
A free resource that puts the three keys to be a successful dad all in one place - include job skills and leads, improving your most important relationships, learning the latest skills for being a great dad. Contact 405-418-3888 or visit: www.TRUEdads.com

**Urban League of Greater Oklahoma City**  
**Workforce and Career Development** - programs and training for individuals with barriers in their background and individuals that are underemployed.  
**Education and Family Development** - Parent Resource App, School-Age and Learning Center.  
**Annual Back to School Giveaway**  
Contact 405-424-5243 or visit: www.urbanleagueok.org

**Youth Services of Oklahoma County**  
Youth Services of OKC provides:  
**Counseling and Well-Being** - counseling services provided to support youth and families; address a variety of issues such as abuse and trauma, depression and anxiety, grief, substance use, and criminal behavior.
Skills Education Program - supports the parent/guardian and youth; enables youth and parents to develop skills in the area of: communication, anger management, conflict resolution, problem-solving, and decision-making. Contact 235-7537 or visit: www.ysoc.org

YMCA of Greater Oklahoma City
Programs for children, youth, families, and senior citizens. Visit: ymcaokc.org to find the YMCA near you.

YWCA of Oklahoma City
Domestic Violence programs and services - emergency shelter, transitional housing, wraparound services, counseling and community groups. Sexual Assault services - 24-hour Rape Crisis Hotline. Our Sisters’ Closet - quality resale from clothing to houseware to help benefit shelter for battered women and children in Oklahoma County. Contact 405-948-1770 or visit: www.ywcaokc.org

FOOD ASSISTANCE PROGRAMS

FEED the Children
Feed the Children exists to end childhood hunger. It’s the cause upon which we were founded in 1979 and the one that we continue to fight for each and every day. Hours: Monday – Friday, 8:00 AM to 10:30 PM CST Phone: 405-942-0228 or visit: feedthechildren.org

Filling Tummies
Filling Tummies enhances the lives of underprivileged mothers, infants, children, the elderly & extended families by providing food, formula, and basic resources. Our organization supports the community by feeding children, adults, and seniors of all races, and ages across Oklahoma City and surrounding areas. We focus on Food Deserts, and at-risk areas where people are suffering from food insecurity. www.fillingtummies.com or call 405-652-9884

Northeast OKC Community and Cultural Center
The NEOKCCCC assists families, individuals, & children in need. We provide direct services and referrals, host community events and foster fellowship. Hosts a Farmer’s Market every Saturday from 8 a.m. to 2 p.m. Call 405-401-3350 for information.

Oklahoma State University - OKC
Farmers Market - Saturdays from 9 a.m. - 1 p.m. - accepts SNAP benefits. Contact 405-945-3326 for questions.

Regional Food Bank of Oklahoma
Partners with food pantries, schools, community centers to get food into the community. Call 405-972-1111 or visit: regionalfoodbank.org/get-help

Salvation Army Food Assistance Program
All individuals can qualify for food once every 30 days. To apply for food assistance, please bring: Current picture I.D. (Driver’s license, state issued ID, governmental/military ID, or passport or ID from country of origin and proof of residency: current gas, electric bill, or lease agreement.
The Client Choice Food Pantry hours of operation are:
Monday, 1:00 p.m. – 3:30 p.m.
Wednesday, 9:00 a.m. – 12:00 p.m. & 1:00 p.m. to 3:30 p.m.
Friday, 9:00 a.m. – 12:00 p.m.
For more information on food assistance, call 405-246-1100 or visit: www.salvationarmyokcac.org/social-services/food-assistance/

Skyline Urban Ministries
Food Resource Center - client choice pantry.
Contact 405-632-2644 or visit: www.skylineurbanministry.org.

HOLIDAY ASSISTANCE PROGRAMS

Toys for Tots
To apply, children must be 12 and under.
To request toys, call 405-361-4715.

HOMELESS ASSISTANCE PROGRAMS

Catholic Charities
Catholic Charities provides the following family services:
Adoption and Pregnancy Services - counseling and social services for parents experiencing unplanned pregnancies. Offers adoption placement services and search and reunion coordination.
Homeless Services - supportive residential care and community-based services to homeless women and their children.
Contact: 405-523-3000 or visit: catholiccharitiesok.org for more information.

Homeless Alliance
The Homeless Alliance rallies behind the homeless community and provides resources. The Fresh Start Program hosts studio 2x/week at the Day Shelter to help the homeless hone their creative talents. The Program also includes regular art shows.
For more information call 405-415-8410 or visit: http://homelessalliance.org/.

Upward Transitions
Upward Transitions can provide a short-term financial bridge in the form of emergency assistance and access to community resources to maintain stability. Eligible families may work with case managers on a long-term basis to increase and develop skills that can provide a sustainable income. Case managers work closely with these families to create a plan with goals that address specific needs and create the means to avoid future homelessness.
Next to EMBARK Bus route. Call 405-232-5507 or visit: www.upwardtransitions.org.

HOUSING RESOURCE PROGRAMS

Central Oklahoma Habitat for Humanity
Central Oklahoma Habitat for Humanity works with qualified families to achieve sustainable, long-term homeownership. Helps low-income homeowners who struggle to maintain their homes due to limitations related to income, age, disability, or other circumstances.
For more information, contact 405-232-4828 or visit: www.cohfh.org
Community Action Agency of Oklahoma City
Community program which provides emergency home repair and energy conservation through education activities and repair services.
For more information, contact: 405-232-0199 or visit: www.caaofokc.org.

Cox Communications-Connect 2 Compete
Connect 2 Compete is a program that brings discounted Internet service to qualifying households in your area. For qualifications or more information visit: connect2compete.org/cox or call 855-222-3252.

Metropolitan Fair Housing Council
Programs offered:
1) Client services to alleged victims of housing discrimination
2) Fair Housing and fair lending education and outreach to consumers, public and private social service, community, faith-based organizations, attorneys and members of housing industry.
For more information, call 405-232-3247 or visit: http://metrofairhousing.org/.

Neighborhood Alliance
The Neighborhood Alliance provides:
Neighborhood Organizing Assistance - neighborhood organizing and reorganizing assistance ongoing or as-needed. Offer training to help associations with the ongoing turnover in neighborhood contacts.
Crime Prevention Programs - works closely with the OKC Police department to train neighborhoods in crime prevention methods.
Neighborhoods Leaders for Today - seven-week workshop is conducted annually to train individuals in effective neighborhood organization and impart other ideas and techniques for successful leadership.
Communication - help with periodic newsletters on pertinent topics for neighborhood development and monthly mailings to all neighborhoods.
Grant Writing Assistance - information on various grants to help neighborhoods achieve specific goals are made available as well as assistance in applying for grants.
Neighbors Night Out - hosts a social event for the neighborhood.
Workshops - “How To” series includes city-wide sessions on Creating Newsletters, Understanding Code Enforcement, Navigating City Hall, Legal Issues for Home Owners Associations, and more.

Pivot OK
Pivot works with young people lacking stability in their lives. They are sometimes homeless or couch homeless, alone or disengaged. Many live with damaging labels and shame. Almost all are ages 12 to 21 and have overwhelming barriers in their lives without the resources to overcome them and successfully transition into self-reliant adults. For more information visit www.pivotok.org or call 405.235.7537

Rebuilding Together OKC
The Safe, Warm, and Dry program provides low-income senior citizen homeowners with critical home repairs and safety modifications. Contact 405-607-0464 or visit: www.rebuildingtogetherokc.org.

Salvation Army Chesapeake Energy Center of Hope
Food assistance, meals, emergency shelter, clothing assistance, utility assistance, and Christmas assistance. Contact 405-246-1100 or visit www.salvationarmyokc.org.
**Wonderfully Made**

**YWCA of Oklahoma City**
Domestic Violence programs and services - emergency shelter, transitional housing, wraparound services, counseling and community groups. Contact 405-948-1770 or visit: www.ywcaokc.org.

**PET ASSISTANCE PROGRAMS**

**The Bella Foundation**
The Bella Foundation is a non-profit 501(c)(3) organization based in Oklahoma City created to assist low-income, elderly or terminally ill pet owners with the cost of veterinary care when it cannot be afforded and also find permanent loving homes for rescued animals. Submit Care Credit application, then Bella Foundation application for consideration. For more information, please visit: https://thebellafoundation.org/.

**Best Friends of Pets**
Best Friends of Pets enhances the ability of pet parents with limited income to provide necessary care for their cats and dogs. By providing free or low-cost veterinary care and information to low-income pet parents, they can experience the health and emotional benefits and joy that come from the human-animal bond. Call 405-418-8511 to find out more or visit: www.bestfriendsofpets.org

**OK Humane Society**
The Central Oklahoma Humane Society works in close partnership with Oklahoma City Animal Welfare (OKC Animal Shelter) and other local shelters. Our primary focus is to eliminate the needless euthanasia of healthy, adoptable animals in Oklahoma City. Our journey begins and ends with love. We love animals and believe that central Oklahoma will see a day when every healthy and adoptable pet finds a home. Since our beginning in 2007, we have found homes for over 25,000 cats and dogs and fixed more than 115,000 pets. For more information call 405-286-1229 Ext. 1 or visit: www.okhumane.org/

**STUDENT SERVICES/MENTORING PROGRAMS**

**The After-School Spot**
The After-School Spot is a program for middle and high school students, grades 8-12, in Northeast Oklahoma City. The program provides a fun, safe, and resourceful environment for students to have the opportunity for fellowship through community service. The program partners with Ralph Ellison Library to provide services. To promote literacy in the Northeast Community, the program will host a community reading fair, Saturday, September 23, 2017. To register, visit: afterschoolspotokc.com.

**Boys and Girls Club of Oklahoma County**
The Boys & Girls Clubs offers daily access to a broad range of programs in BGCA’s five areas: Character and Leadership Development; Education and Career Development; Health and Life Skills; the Arts; and Sports, Fitness and Recreation. Boys and Girls Clubs of Oklahoma County
serves members aged 6-18 at a low cost for the year. Membership fees for the school year are $5 per child. Summer enrollment & Early Bird fees are $5 per child. Contact: 405-521-9292 or visit: http://www.bgcokc.org/what-we-do/programs/

Family Life Learning Centers
The mission of Family Life Learning Centers is to identify and deliver strategies, resources, and technologies. The Center implements the Raising the Grade Initiative. This initiative provides resources for a child's social and academic success. The program also provides parent resource rooms, an academic support team for each student, and mentors and tutors. For more information on how to enroll your child in this initiative, call 405-921-7520 or visit www.raisingthegrade.net.

iAspire
iAspire is a certified, outpatient mental health agency by the ODMHSAS. The after-school program works toward the academic success of students in second grade and beyond. The program is housed at Greater Mt. Carmel Baptist Church. For more information on this program, call 405-243-0020 or visit https://www.iaspire.co/ for enrollment information.

PEAK Tutoring
Provides tutoring and mentoring programs Monday through Thursday 2:25-5 pm at Centennial Mid High. Some programs of PEAK Tutoring include academic enrichment opportunities, STEAM enrichment, EOI test preparation, college readiness, and life skills development. For more information, visit: http://www.urbanleagueok.org/programs/children-and-families/peak-tutoring/.

Project Ready Mentor
Project Ready Mentoring provides students ages 11 to 18 with weekly activities that promote positive behaviors and academic excellence. Students receive ongoing support from their mentor, peers and program staff. Students participate in fun activities, college tours, youth leadership workshops, community events and academic improvement exercises. For more, visit: http://www.urbanleagueok.org/programs/children-and-families/project-ready-mentoring/.

Urban Youth Empowerment Program
Mentoring program 18-24 YO that are ex-offenders or HS dropouts. Mentoring, workforce training, internships, community service, and restorative justice projects. For more, visit: http://www.iamempowered.com/programs/urban-youth-empowerment-program.

Whiz Kids
Mentoring and tutoring programs focused on reading comprehension. Serves 30 schools in 6 districts. Does not work with charter schools. Serves Edward, MLK, FD Moon, Millwood, Thelma Parks, N Highlands, Greystone. For more information, 405-210-8011 or visit: https://whizkidsok.org/.

STUDENT RESOURCE PROGRAMS

Aspiring Americans
Provides resources, education, and information for undocumented students. For more information, contact 405-360-1200.
In The Gap
In The Gap provides character education classes taught by In The Gap volunteers in local elementary schools to encourage students and staff to develop and model personal character. For more information, call 405-748-0712 or visit: www.inthegap.org.

Metropolitan Library
Partnership between OKCPS and the Metro Library System. All OKCPS students and staff can use their student ID number to access and check out public library resources. For more info visit: http://www.okcps.org/Page/2673.

OKC Metro Literacy Coalition
Resources for adult and child literacy. Contact 405-830-2790 or visit: www.okcliteracycoalition.org to learn more.

School Age Care and Learning Center
Educational Facility - The School Age Care and Learning Center provides daily academic enrichment activities and homework assistance to students grades pre-K through 6th. Students participate in skills-building exercises and structured play that promotes self-confidence and healthy living. The Center also provides full-day enrichment academies to enhance the academic experience for students while they are out of school. School year operating hours are M-F 3-6 p.m. and Summer M-F 7:30 a.m.-5:30 p.m. For more information visit: http://www.urbanleagueok.org/programs/children-and-families/school-age-care-and-learning-center/.

Shiloh Camp
Shiloh Camp provides sports, arts, adventure, Bible study, worship, and love wrapped inside of an unforgettable five days of life changing experience. Our goal is to teach, train, and model Christ’s love to children from our community in a culturally relevant environment that will serve as a model of excellence for our city and the country. Shiloh Camp builds confidence, equips the mind and spirit and strengthens the body and plants the seeds of hope for a brighter tomorrow! www.shilohcamp.org or call 405-858-7011
ECONOMIC DEVELOPMENT

BUSINESS DEVELOPMENT PROGRAMS

Black Chamber of Commerce
We’re on a mission to be the premier resource for Black Businesses & those who want to do business in the Oklahoma City Metropolitan area.
For more information visit www.okcblackchamber.com or call 405-595-4874

Community Action Agency of Oklahoma City
Provides services to businesses and individuals through small business loan programs, small business workshops, technical assistance, green home loan program, matched savings program (IDAs), and money management training.
For more information, contact: 405-232-0199 or visit: www.caaofokc.org.

Greater Oklahoma City Chamber of Commerce
We help businesses succeed in Oklahoma City. We work to create a business climate that attracts new investment and enhances growth and expansion opportunities for existing companies. We are a strong collection of businesses across this ten-county region; one voice united behind a single pursuit: a better Oklahoma City.
For more information visit www.okcchamber.com or call (405) 297-8900
Langston University Small Business Development Center
The SBDC at Langston University will assist businesses in the following areas:
Business Plan Development
Business Entity Organization
Legal Issues
Market Analysis and Strategies
Business Solutions
Government Contract Procurement
Taxes
Certifications, 8(a), Hub Zone, Native American and DBE
Technical assistance with loan packaging for business financing/loan opportunities and working with the collaboration with, DOT, OBAN working with the trucking industry.
For more information on the services provided by Langston University’s Small Business Development Center or other helpful information, call 405-530-7519 or visit: www.langston.edu/okc/programs-centers/oklahoma-small-business-development-center

Northeast Renaissance Steering Committee
The City of Oklahoma City established the Northeast Renaissance Steering Committee (NERSC) as an ad-hoc group of community stakeholders to represent the NE community’s voice while vetting Northeast Renaissance development efforts. The NERSC’s mission was to advocate for ethical redevelopment considerate of housing, education, safety, wellness, economic development, and preservation of African American arts and culture. For more information, visit www.neokcr.org

Oklahoma Professional Economic Development Council
The Oklahoma Professional Economic Development Council (OEDC) is an association of 150 economic development professionals who support efforts to market the regions and communities throughout Oklahoma as places where people want to live and invest. OEDC supports the efforts of the Oklahoma Department of Commerce, as the leading recruitment organization for the state of Oklahoma, as well as the activities of the Governor’s Economic Development Marketing and International Teams. We also work closely with the State Chamber lobby team in developing, implementing and educating citizens about legislative issues.
For more information visit www.oedc.net/ or call (405) 235-3669

CAREER AND WORKFORCE DEVELOPMENT PROGRAMS

Dale Rogers Training Center
Supports people with disabilities through paid vocational training, in-house programs, and work opportunities as well as competitive community employment. Contact 405-946-4489 ext 1501 or visit: www.drtc.org.

Eastside Career Connection Center
Located on NE 23rd Between Air Depot and Midwest Blvd. Hours of Operation: Monday through Friday, 8:00 a.m. to 5:00 p.m. For more information, call 405-713-1890 or email: manager.east@oesc.state.ok.us.

Goodwill Industries of Oklahoma
Serves persons who are living with a developmental and/or intellectual disability through Assessment and Career Planning, Vocational Preparation, Job Placement, Job Retention, and Job Stabilization.
Work Adjustment Program - works with high school juniors and seniors who have a documented disability to help improve employment and independent living skill levels. Contact 405-236-4451 or visit: www.okgoodwill.org.

Metro Technology Centers
Provides vocational training programs in a variety of fields. Metro Tech also hosts a High School Dropout Recovery Program. For more information, call 405-595-4678 or visit: www.metrotech.edu.

Northeast Resource Center, Inc.
The Northeast Resource Center, Inc., (NERCI) is a non-profit organization founded by Marilyn Long in May of 1993. The organization and its members dedicate its time and resources to improving the lives of youth, adults and the unemployed through education and job training. NERCI has served the Oklahoma City metropolitan area by developing partnerships with community and business leaders who acknowledge education and training as a viable means of empowering people. For more information, please call 405-996-8609 or visit: www.nerci.org.

Oklahoma State University - OKC
Offers vocational training and college courses. For more information, visit: www.osuokc.edu/home/.

Rose State College
A vocational training center that provides the following programs: Job Center - source for searching, assistance, assessment, workshops and more. Community Learning Center - offers non-credit classes for kids, teens, and adults/seniors. Environmental Training - offers a broad range of affordable environmental, safety, water, and wastewater certificate classes. EmPower & EmPower Works - college degree programs, fast-track certificate programs, internship opportunities, and structured job search programs. Contact 405-733-7392 or visit: www.rose.edu/content/business-community/community-learning-center/.
HEALTH

HEALTH EDUCATION SERVICES

Buy For Less
Smart Saver located at 2001 NE 23rd, OKC, offers the following free nutrition classes:
Hypertension Shopping Tours - how to shop for foods and tips to stock a kitchen to help manage hypertension and to stretch the food budget.
Diabetes Shopping Tours - how to shop for foods and tips to stock a kitchen to help manage diabetes and to stretch the food budget.
Call 405-302-6273 ext. 332 or visit: www.buyforlessok.com for current class schedules and to register.

Oklahoma County Health Department
The Oklahoma County Health Department has the following programs for all Oklahoma County residents:

CLINICAL SERVICES
Child Guidance
Children First Program – First time mothers get partnered with a nurse who visits the home regularly and provides medical care and education for mom during and after pregnancy, up until baby turns two years old. First time moms who qualify are 29 weeks pregnant or less and meet certain income criteria. No cost: call 405-419-4106 to see if you qualify.
Immunizations
Lab Services
Reproductive Health
Sexual Health
Tuberculosis Clinic
Women, Infants, and Children (WIC)

COMMUNITY HEALTH
Fetal and Infant Mortality Review (FIMR)
Health at School
My Heart program - The My Heart program is a free program for Oklahoma County residents who want to reduce their risk for heart disease. The program includes free doctor visits for 1-year, free medication for their high cholesterol or high blood pressure for 1 year, a personal Community Health Worker assigned to them, and free lab tests for 1 year. In order to qualify, residents must be between age 20-65, have no access to a primary care doctor, and have at least one of the following risk factors – high blood pressure, high cholesterol, high blood sugar, or overweight. No cost and offered at all three OCCHD clinic locations. Call 405-419-4049 to get qualified.

Teen Pregnancy Prevention
TSET Healthy Living Program
Total Wellness - FREE interactive weight loss classes for Oklahoma County residents to help prevent diabetes and heart disease.
Wellness Now
Community Garden

PUBLIC HEALTH PROTECTION
Food Safety & Environmental Health
Epidemiology
Emergency preparedness – resources to help all Oklahoma County residents to prepare for an emergency on ANY type. Call: 405-427-8651 or visit: www.occhd.org

Gary Cox Partner Building and Health Clinic
The Oklahoma City County Health Department offers a clinic in Northeast Oklahoma City in partnership with OU Physicians. Clients can receive the following services:
Immunizations
Family Planning
Pregnancy Testing
Sexual health – STI and STD testing
Primary care appointments
Food bank once a month
Mental health services
Legal aid

Sisters in Motion
The organization’s mission is to have 500,000 people around the world walking by 2020. They offer a safe, fun, and supportive environment for individuals to walk and maintain a healthy and active lifestyle. The fee for membership is a $25 one-time fee. You receive the membership t-shirt, water bottle, pedometer and other valuable resources. As a member, you will have the privilege of taking advantage of discount workshops, travel opportunities and more.
For more information about membership, please call 405-213-7767.
**Tobacco Treatment Research Program**
The Tobacco Treatment Research Program offers medication and nicotine replacement therapy (NRT) free of charge. The Program offers counseling on site and over the phone, research study opportunities, and ongoing support services. To make an appointment, please call 405-271-7848 (QUIT) or email TTRP@OUHSC.EDU.

**MEDICAL CLINICS**

**Centennial Health**
Created to serve adults with Medicare, including those with both Medicare and Medicaid (Dual-Eligible), we at Centennial Health are a team of forward-thinking doctors who not only aim to improve your health, but to enhance your life. Visit www.centennialhealth.com or call 405-280-5550.

**Community Health Centers of Oklahoma**
Provides primary healthcare to all ages, dental, and other health-related services. Accepts most major insurances and sees uninsured on a sliding scale fee based on income/family size. Services include pediatric/adolescent services, older adult services, behavioral health care, women’s health care, family support services, and more. Call 405-769-3301 or visit: www.communityhealthok.org

**Mary Mahoney Memorial Health Center**
Family Medical and Dental clinic located in Spencer, is a federally qualified health center in central Oklahoma that provides primary health care and other health-related services to on insured and uninsured, with uninsured seen on a sliding scale fee based on income/family size. Additional services include: lab/x-ray, mammography, pharmacy, behavioral health, health education, medication-assisted treatment program for opioid addiction, & more.

**Perry Klaassen Family Medical Center**
Pediatric and Adult healthcare, along with Behavioral Health and a host of ancillary services are available. Appointments are made through the CHCI call center. Call 405-769-3301 to make an appointment. We are not a walk-in facility, appointments are encouraged. For appointments call 769-3301 or visit www.communityhealthok.org

**Crossings Community Clinic**
Services include medical, dental, vision, and behavioral health care provided through the support of licensed professionals and other dedicated volunteers. Call 405-749-0800 for more information.

**Good Shepard Ministries**
Offers medical and dental care to the uninsured and spiritual care to the broken. Contact 405-232-8631 or www.goodshepherdokc.org

**Hearts for Hearing**
Hearts for Hearing was established in 2003 to provide funding for the initial set of hearing aids for children with hearing loss in Oklahoma. In 2007, the mission was expanded to become a comprehensive hearing health program for both children and adults, offering auditory-verbal therapy. In 2013, to meet the growing demand for adult hearing healthcare, the mission expanded again to open a clinic specifically designed for adults. For information call (Children) 405-548-4300 (Adults) 405-548-4335 or visit: www.heartsforhearing.org
Variety Care
Offers a range of health care services - medical, dental, mental health, and optometry services, as well as community and social services. Contact 405-632-6688 or visit: www.varietycare.org to schedule an appointment.

YMCA Lincoln Park Senior Center
The Y supports active older adults while providing programs that give an extra edge to good health. The Y offers a variety of opportunities and activities including exercise, wellness programs, community service, day trips, meals, health fairs, screenings and special interest classes. Call 405-427-0862 for more information.

MENTAL HEALTH SERVICES

DCCCA
Provide education, awareness, and other prevention activities around prescription drug epidemic. Please call 405-246-9651 or visit: www.dccca.org/oklahoma-city-ok/ for more information.

Lottie House Drop-in Center
Mental Health Day Center - Drop in program for the homeless, mental health patients, or co-disorders. Programs: Dual diagnosis counseling, yoga, anger management classes, anxiety counseling, DBSA, Schizophrenics Anonymous, You Be The Judge, animal therapy, and oil painting. Call 405-600-3074 for more information.

NorthCare
NorthCare is certified as a Community Mental Health Center (CMHC) by the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) and serves the behavioral health needs of Oklahoma and Logan counties. NorthCare is the safety net provider in these communities serving the needs of adults living with severe mental illness (SMI) and children living with severe emotional disturbances (SED). NorthCare additionally provides home based family preservation services to Child Welfare involved families in 47 counties of central and western Oklahoma. Visit www.northcare.com Children’s Outpatient Service call: 405-858-2700 Adult & Families Services call: 405-858-1700

Red Rock BHS
Mental Health Center - Outpatient services. Residential services - teaches transportation, life, coping, and job skills. Prevention services - HIV prevention and counseling. Free HIV and Hep C testing. Free condoms. Pharmacy - partnership with Northcare, telemedicine. Children’s crisis center - inpatient center for children 10 to 17 years old. For intake, patient must have photo ID, Sooner/Medicare card, and two last pay stubs. Please call 405-424-7711 or visit: www.red-rock.com for more information.
2-1-1
2-1-1 is a nationwide service connecting millions of people to help every year. To get help, searching for local resource through your local 2-1-1 provider, or simply call 2-1-1. www.211.org or call 2-1-1

Heartline
A 24-hour crisis hotline connecting those in need to important resources, crisis intervention, and suicide prevention. Call the business line at 405-840-9396 or visit: www.heartlineoklahoma.org

Reach-Out Hotline
An ODRS program, Reach-Out is the ODMHSAS’s 24-hour toll free information and referral hotline. Reach-Out is there for individuals in a crisis and for those who simply want information. All calls are free and confidential. Call 405-522-3908 for assistance.

Safeline
The Safeline (800-522-7233) is operated 24 hours a day, and is available for those seeking information or service referrals. Through Safeline, callers can be referred to crisis intervention and shelter services, obtain information on filing a victim protective order, or learn about their rights under law. All calls are free and confidential.
**TEENline**

TEENline (800-522-8336(TEEN)) is a toll-free line operated by ODMHSAS that is specifically for adolescents and young adults. It provides a caring listener to respond to questions or concerns that young people have. It’s completely confidential. Many teens call to talk about boyfriend/girlfriend problems, family relationships, drugs and alcohol, sexuality, and other topics. TEENline staff members don’t judge; they listen and provide information. TEENline is open from noon to midnight daily, seven days a week.

**EMERGENCY ASSISTANCE PROGRAMS**

**American Red Cross**

Provides emergency aid, advice, and assistance to help individuals recover from disaster and provides services and information to help prepare for emergencies. For more information, call 405-228-9500 or visit: http://www.redcross.org/ for more information.

**SUPPORT GROUPS**

**Alzheimer's Association Oklahoma Chapter**

Provides support, education, and resources for families/caregivers dealing with family members with dementia. Contact: 1-800-272-3900 or visit: www.alz.org/oklahoma.

**Be The Change Y.E.S. (Youth Equality Services)**

Be The Change provides comprehensive support services to Oklahoma City’s marginalized and vulnerable young people. YES - youth-led, adult-supported group that provides community support to LGBT and marginalized youth ages 13-20. Y.E.S. also has a resource center for homeless and at-risk young people ages 14 – 24 years old: provides resources to meet the immediate needs of youth served. Contact 405-415-8449 or visit: www.bethechangeok.org.

**Citywide Stroke Support Group**

Contact Janet Spradlin, Ph.D., (405-272-6554) to join or go to www.brainatlas.info.

**Calm Waters**

Calm Waters provides the following grief and loss support services: Grief, divorce, and infant loss support groups. School based groups. Calm Waters sends staff/personnel into schools to conduct free school-based grief support groups utilizing a 6-week curriculum created specifically for this program. Children who have experienced significant loss in their lives, such as the incarceration, deployment, or deportation of a parent, death of a loved one, parents’ divorce, or foster care, will benefit from these school-based groups. Call 405-841-4800 or visit: www.calmwaters.org.

**Crossroads Hospice**

Grief Support Program for those who have experienced a loss. Call 405-679-2708 for more information.

**Hispanic Initiative**

Cancer Support Group (in Spanish), Cyber Café’ (in Spanish), Health Screenings, Hispanic Educational Classes, Hispanic Health Fair, Language Services, Lay Health Promoter Program, Nutrition Classes, Tai Chi. Contact: 405-636-7503 or visit: integrisok.com/hispanic-initiative.

**Open Arms**

Our Mission: To follow in the reconciling ministry of Jesus as an inclusive, justice-seeking community. For more information call (405) 525-9555 or visit on line at http://www.openarms.org/
EMBARK
EMBARK provides bus, ferry transit, bike share and downtown parking solutions in the Oklahoma City metro area.

Fixed Route Bus Service - EMBARK offers fixed-route transportation options that connect people with their community, while easing traffic congestion and reducing air pollution. EMBARK serves much of the Oklahoma City metro area with more than 20 routes. Each route’s hours of operation vary, but many popular routes run about every 30 minutes during the weekday and every 60 minutes on Saturday and weeknights. Visit embarkok.com to plan a trip or call 405-235-RIDE (7433) for assistance.

ADA Paratransit Service - PLUS - PLUS is EMBARK’s ADA Paratransit service, complementing existing bus service by transporting people who are unable to use local bus service due to a medically documented physical or cognitive disability. EMBARK’s Plus ADA Paratransit service is a shared-ride public transportation service and to participate you must have completed the application and eligibility process. To request a Plus application packet by mail, contact Customer Care at 405-235-7433 or download the application packet from embarkok.com.

Bike Share - Spokies - Spokies is Oklahoma City’s only bike share program, and the best way to cruise around downtown and through many of the city’s most exciting neighborhoods. With bikes available at eight stations and several pricing options, it’s easy to start your ride immediately. To get started, visit spokiesokc.com or call 405-598-RIDE (7433) for assistance.
**Ferry Transit** - Oklahoma River Cruises is the way to discover some of Oklahoma City’s hidden treasures. River transit provides access to Historic Stockyards City, the bustling Meridian Corridor and the lush Regatta Park/Boathouse District. All landings have parking and access to additional public transit services. Visit okrivercruises.com to plan a trip or call (405) 702-7755 for assistance.

**Senior Transportation Services** - EMBARK offers transportation options for eligible seniors age 60 and over and includes weekly grocery shopping routes, daily congregate meal transportation to Oklahoma County Senior Nutrition Program locations, transportation for the senior companion program, and transportation to non-emergency medical appointments. This service is provided through Older American’s Act Funding in partnership with the Areawide Aging Agency. Trips require advance reservations and an application process. Contact Customer Care at (405) 297-2583 for more information.

**Share-A-Fare Taxi Program** - Share-A-Fare makes available discounted, curb-to-curb taxi service provided by a local company and is available 24-hours a day, 7-days a week for adults 60+ and persons with disabilities that live in a participating city. Approved individuals purchase coupon books at a 40 percent discount in their city of residence. Participating cities include: Bethany, Del City, Midwest City, Moore, Nichols Hills, Oklahoma City, and Warr Acres. To request an application packet, contact Customer Care at (405) 235-7433 or download the application from embarkok.com.

**Reduced Fare Program** - Bus fares and passes for EMBARK’s fixed-route system are half price for persons 60 and older (with driver’s license or other verification of age), students ages 12 to 17 (with enrollment verification), children ages 7 to 11 (no verification needed), individuals possessing a valid Veteran’s Affairs Service Connect Card or Medicare card, and individuals with a valid medical certification of disability. Reduced Fare benefits require the individual to apply for the program; and, when requesting reduced fare while boarding, the individual must show an EMBARK photo ID. Reduced fare is valid only on EMBARK’s fixed-route system. To request an application, visit the Downtown Transit Center at 420 NW 5th in Oklahoma City, contact Customer Care at (405) 235-7433 or download the application from embarkok.com.

**ITN Central Oklahoma**
To provide a community-based, and community supported, economically viable and consumer-oriented, quality transportation service for seniors and visually impaired adults. For more information visit www.itncentraloklahoma.org or call (405) 602-1558

**MyRide**
MyRide is a clearinghouse of Oklahoma’s public transportation resources. MyRide cannot pay for or schedule a ride, but is a resource to help you find a ride. MyRide One-Click is a website available to everyone with access to a computer and an internet connection. Please call 844-OKMyRide (844-656-9743) or visit https://apps.ok.gov/okdrs/myride/app/ for more information.

**RSVP of Central Oklahoma**
RSVP of Central Oklahoma enriches the lives of older adults by connecting them with meaningful and rewarding community volunteer opportunities. For more information visit www.rsvpokc.org/need-a-ride-2/ or call 405-605-3110

**RSVP Provide-A-Ride**
RSVP Provide-A-Ride offers adults age 60+ free transportation to medical appointments throughout central Oklahoma. To request transportation help, contact Faye Beam at 405-605-3106 or email: faye.beam@rsvpokc.org.
**SendaRide**

SendaRide is an app and a web-based portal that allows you to book a ride for someone that cannot do so themselves. We offer both on-demand (minimum of 30 minutes) and scheduled transportation, return and recurring rides booked as far out in the future as you may need. Our app is used by parents scheduling transportation for children, ages six and up, and scheduling for senior citizens that may no longer drive but would like to maintain their independence.

Our web-based portal is used by hospitals and physicians to schedule non-emergency medical transportation for their patients. This decreases patient no-show rates, as well as, allows those patients who may not otherwise be able to obtain care - due to lack of transportation - an opportunity to receive preventive and follow-up care.

Our Care Partners (drivers) provide concierge services for our riders. Each rider is greeted at their door - not curb to curb - by a kind and courteous driver easily identified by our SendaRide t-shirt and car magnet. The rider is escorted to the car and then once the drop-off location is reached the rider is again escorted out of the car to the door. For more information visit: sendaride.com or to book a ride, please call (800) 731-1885.
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